Information regarding the Declaration of a State of Emergency in Latvia

The Government of the Republic of Latvia has declared a State of Emergency throughout the country from 12 March 2020 to 14 April 2020 to restrict the spread of COVID-19. While the State of Emergency is in effect, a number of rules have been established and these include:

- Travellers from COVID-19 affected countries arriving in Latvia must observe special precautionary measures in accordance with instructions issued by the Centre for Disease Prevention and Control (SPKC):
  o Entering self-quarantine and monitoring of one’s personal health for 14 days after entry from a COVID-19 affected area; taking one’s body temperature at least twice daily is recommended;
  o Person should avoid contact with other persons;
  o In case the symptoms appear (cough, sore throat and/or shortness of breath) within 14 days after leaving COVID-19 affected area, the person should call the Emergency Medical Service immediately (dial 113 in Latvia).
- All public events involving more than 200 people have been cancelled or postponed;
- All events and performances of the Latvian National Opera and Ballet and theatres have been cancelled or rescheduled;
- All national museums have been closed;
- All universities and schools are closed and distance learning will be implemented;
- Training, competitions and rehearsals held within the framework of cultural, sports and educational programmes are to be cancelled or postponed;
- The attendance to pre-schools continues but with certain conditions in place;
- The state and local government institutions have limited the availability of on-site services.